

OFF>ROAD>ACTION www.offroadaction.net





2012

Welcome to edition 3.0 of the Off>Road>Action catalog!

100% trials is what we are all about...

Our mission is to be the Worldwide leader in the wholesale distribution of aftermarket parts, accessories and apparel for the trials industry. Located in Belgium, in the centre of Europe, we aim to supply every product in our range through a network of professional dealers. Our fast and friendly service makes us the ideal source for any trials product.

Because we are passionate about trials, you will find us at the major events across the globe. Our sponsored riders put our products to the test in training and competition, and based on their advice and input we make improvements and release new products on a regular basis. Make sure to visit our website frequently to see what is new in our product range.

Off>Road>Action is a trade distributor only, we do not supply direct to the public. Please use the dealer locator on our website to find your nearest dealer.

Please do not hesitate to contact us if you need any information or have any questions about our products.

See you at the races!

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3540 Herk-de-Stad
Belgium

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OFF>ROAD>ACTION B2B dealer portal



Exclusive access for Off>Road>Action dealers! Discover our entire product range, detailed product info as well as availability and pricing on our b2b dealer portal on our website. Contact us for more information!

edition 3.0

- 04 APPARE
- HELMETS
- 28 SUNDRIES
- 32 GLOVES
- 40 LIFESTYLE
- 0 ALPINESTARS
- 60 FORMA
- 64 BIKE PARTS
- 120 WORKSHOP

OFF>ROAD>ACTION RUNS SAP.

130 TRAINING





JITSIE T1 RADIKAL

THE STANDARD FOR TRIALS APPAREL!

The Jitsie T1 Radikal line is in a class of its own when it comes to design and style! Its flashy loud allover design gives it that unique look which makes you stand out from the crowd!

JITSIE T1 JERSE

The Jitsie T1 jersey is the favorite jersey from the modern trials rider! The combination of top of the line polyester fabrics and the newly shaped underarm vents provide just the right amount of airflow in either hot or cold conditions. The jersey feels light and soft on the skin yet provides the durability to make it through the season. The precise V-shaped knit neckband ensures the jersey fits nicely around the neck.

Features of the Jitsie T1 jersey:

- » Main material is 100% top of the line polyester
- » V-shaped rib knit neckband
- » Bold sublimated graphics for fade free washing
- » New snag resistant micro-cuffs
- » Lycra® added to collar and cuffs to retain shape
- » Underarm mesh vents for improved airflow

JITSIE T1 RADIKAL HELMET

art# JI11T1-5055 Size Adult XS-XL

JITSIE T1 RADIKAL JERSEY

Part# JI11T1-2055 Size Adult S-XXL Kids M-XL

JITSIE T1 RADIKAL GLOVES

Part# JI11T1-3055 Size Adult S-XXXL Kids M-XL

JITSIE T1 RADIKAL PANT

Part# JI11T1-1055 Size Adult S-XXL Kids M-XL

JITSIE T1 RADIKAL

THE STANDARD FOR TRIALS APPAREL!

JITSIE T1 PANT

The Jitsie T1 pant is the most technically advanced trials pant that combines a tight trials specific fit with comfort, protection and durability. The dual waist adjustment belt system ensures a comfortable close fit around the waist while preventing the rear of the pant to slip down during riding. Triple stitching in high stress areas make sure the Jitsie T1 pant will last in even the most extreme conditions. The inside liner makes the pant really comfortable to wear as it prevents seams and stitching to rub on your legs.

Features of the Jitsie T1 pant:

- » Dual waist system
- » Hook to hang up pants
- » Inside silicon lines on pant collar to keep jersey tucked in
- » 3mm thick perforated foam in knee panels for comfort
- » Sublimated side spandex panels
- » Extra strong front zipper and push buttons
- » Small side pocket for keys or cash
- » Extra wide ballistic nylon panels to protect against exhaust pipe
- Knee TPR's for added protection
- Preformed pant improves fit while riding and actively adjust to body movement
- Lightweight spandex panels on rear calf for extra mobility
- » 2x2 spandex panels above knees improve pant flexibility
- Triple stitching in most stressed areas for extra resistance against wear













[-] RADIK EDDY

02 HELMETS

[-]
RIDER
JACK SHEPPA

[-] PHOTO GEFREES







JITSIE T1 BOLT HELMET







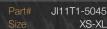
















JITSIE SWEAT BEANIE

Part# JI11T1-9500 Size one size fits all





JITSIE GOGGLE BLACK

Part# JI11T1-5535









RIDER PROFILE

Full name: Jack Sheppard 2012 Bike: My dream is finally after eight years on a 125, a full size Jitsie Factory Beta 300 2012.

Nickname: Shep Hometown: Ipswich, Suffolk Height: 186cm Weight: 77kg Birthdate: 22/07/1993

Birthplace: Ipswich, Suffolk High school: Claydon High School. Left in 2009 to ride trials!

Favorite foods: Good old roast dinner!
Foods I hate: Weird looking and tasting seafood!
Favorite drinks: Red Bull
Music: anything goes, just not too heavy

CAREER HIGHLIGHTS

My highlight so far has got to be finishing the 2nd day in Japan 2011 to become 2011 World Youth Champion. The relief that I had done it was a feeling I just can't explain but is simply fantastic and one I would like to relive in a year or two.

TRIALS BACKGROUND

When did you begin trials and how?

I began to ride trials when I was 6, my father introduced me to trials as when he was younger he used to ride. He took me to the local practice area, Raydon sand pit. This was on my Yamaha TY 80.

Who influenced you and how?

One of the riders who have influenced me the most is Dougie Lampkin because of his superior determination, commitment and domination to the sport when I was starting with trials. Now Toni Bou influences me a lot with my riding as he brings new techniques and continues to push the limits of the sport.

What are your strongest qualities as a trials rider?

I like to think my strongest qualities are riding in the wet conditions and keeping cool when the going gets tough.

What are your current and future goals in trials?

My goals for the future are to of course be World Champion and to promote the sport and increase the level of trials.

What are you doing to achieve these?

At the moment I am trying to get fully fit again so I can get back to the strict training on the bike and in the gym. I am hoping to be doing this in Spain where all the top riders are in the winter.

Describe your greatest trials experience to date.

This would be winning in Fort William in 2011 in front of my home crowd and lots of friends and family and also extending my lead in the world championship.

Describe your worst trials experience so far.

My worst experience so far is riding in the first French GP of 2011 after my hospital appointment just before the event had confirmed kienbocks disease and that continuing to ride could result in my wrist collapsing. This combined with the pain and sickness meant I did not enjoy riding at all.

Describe your favorite trials

My favourite venue is the compact, but superb venue, Brimham Rocks where there are endless sections and different routes, with big steps, technical lines and steep bankings so there is just about everything you would want for trials.

What does it mean to you to be part of the team?

Being part of the Jitsie team this year has been great, the support Jan, Luc, James and Ivo have given me has been superb. They have kept me going all year with maximum effort to make my results possible. I look forward to working with them more in the future.

Any personal you want to say?

I would like to thank all my sponsors for helping me through this tough year and making my results possible. Also a big thanks to all in the eastern centre where I live and learnt to ride. They are always 100% behind me.



Visit Jack's website.

www.jacksheppard.co.uk





JITSIE T1 GLOVES

The Jitsie T1 gloves are true trials gloves that combine a minimal amount of restriction with a maximum amount of feedback from the bike!

Features of the Jitsie T1 gloves:

- » Single layer Clarino palm without extra padding
- » 2-Way stretch spandex material allow for a comfortable, lightweight and nonrestrictive fit
- » Allover sublimated pattern
- » Silicon Jitsie logo print detail on palm keeps gloves in position
- » Exclusive pattern for double Clarino layer on thumb







The Jitsie T1 Bolt gloves are premium trials gloves for those riders that expect the best!

Features of the Jitsie T1 Bolt gloves:

- » Soft TPR sonic-weld on clutch and brake finger for extra protection
- » Velcro backed TPR wrist closure offers a secure adjustable fit
- » Overprint on middle fingers add that little extra style
- » Lycra fabric on middle fingers for extra soft touch
- » New pattern for double Clarino layer on thumb

Part# JI11T1-3035 Size S-XXXL









RIDER PROFILE

Full name: Loris Gubian 2012 Bike: Gas Gas 300

Nickname: LOLO Hometown: Lyon, France Height: 171cm Weight: 71kg Birthdate: 04/01/1989

Birthplace: Croix Rousse

Favorite foods: Pasta
Foods I hate: Mushrooms, onions
Favorite drinks: Sparkling water
Music: All music from the Rocky movies

CAREER HIGHLIGHTS

2009 European champion 2008 World Junior champion 2009-2010-2011 French champion trials

TRIALS BACKGROUND

When did you begin trials and how?

I picked up the passion for trials from my father. He bought me a PW50 and that's how I got started...

Who influenced you and how?

My father was my biggest influence because he got me introduced to trials and I absolutely loved it from the beginning.

What are your strongest qualities as a trials rider?

I work very hard to achieve my goals and determined to get to the absolute top of trials. I never give up!

What are your current and future goals in trials?

Break into the top five of the world in 2012, continue to be at the top in the French championship.

In the longer run, I want to compete to be on the podium in the World championship.

What are you doing to achieve these?

I train every day, both on and off the bike. Also, I try to surround me with professional people and always be positive.

Describe your greatest trials experience to date.

Every title I have won so far has always been a great feeling! The battle to get into the top five of the world is also a great motivation...

Describe your worst trials experience so far.

Isola 2000 in 2011 where I rode pretty bad the entire weekend and lost my sixt position in the final standings of the World championship!

Describe your favorite trials venue.

I always love to go to Japan and ride at Motegi. The organization and atmosphere there is incredible! Of course, I love to ride in front of my home crowd!

What does it mean to you to be part of the team?

I like the team spirit the people at jitsie have, it feels really great how to they take care of me and how they always try to improve their products!



Visit Lolo's website.

www.lorisgubian.com



UFESTYLE

[-] RIDER JACK SHEPPARE

[-] PHOTO SANT JULIA DE LORIA







JITSIE TEE **SCRATCH WHITE**

165 grams / 100% pre-shrunk cotton / internal back neck print

Size S-XXL Part# JI12C1-9020

JITSIE TEE **SCRATCH GREY**

165 grams / 100% pre-shrunk cotton / internal back neck print

Size S-XXL Part# JI12C1-9025



165 grams / 100% pre-shrunk cotton / internal back neck print

Size S-XXL Part# JI12C1-9005



Part# JI12C1-9015



JITSIE HOODIE SCRATCH GREEN

80% cotton / 20% polyester / twin needle stitching / lined hood / front pocket

Size S-XXL Part# JI12C1-9210

JITSIE HOODIE SCRATCH BLACK

80% cotton / 20% polyester / twin needle stitching / lined hood / front pocket

Size S-XXL Part# JI12C1-9215

JITSIE HOODIE EDDY ACID BLACK

80% cotton / 20% polyester / heavy duty vintage design / shoulder patch / lined hood / front pocket

Size S-XXL Part# JI12C1-9205





JITSIE TEE 100% BLACK

165 grams / 100% pre-shrunk cotton / internal back neck print

Size S-XXL Part# JI12C1-9000

JITSIE POLO 100% BLACK

220 grams / 100% pre-shrunk cotton / internal back neck print

Size Male S-XXL / Female S-XL
Part# Male JI12C1-9700 / Female JI12C1-9705

JITSIE 100% TEAM APPAREL

JITSIE HOODIE 100% BLACK

80% cotton / 20% polyester / twin needle stitching / lined hood / front pocket

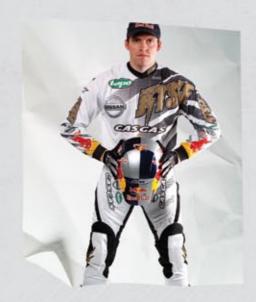
Size S-XXL

Part# JI12C1-9200











RIDER PROFILE

Full name: Dougie Lampkin 2012 Bike: Gas Gas Pro 300

Nickname: Scooterman Hometown: Skipton, England Height: 188cm Weight: 87kg Birthdate: 23/03/1976

Birthplace: Silsden, England High school: South Craven

Favorite foods: Nicola's cooking / Italian Foods I hate: Mexican food Favorite drinks: Red Bull Music: Cold Play

CAREER HIGHLIGHTS

Number 1

TRIALS BACKGROUND

When did you begin trials and how?

My first bike was an Italjet and I was two years old, all my family rode and I wanted to join them.

Who influenced you and how?

My Father was World Champion in 1975 and I grew up around bikes and Trials.

What are your strongest qualities as a trials rider?

What are your current and future goals in trials?

My career has been very successful and I wouldn't change anything and I still enjoy riding the bike now as much as when I was younger.

Describe your greatest trials experience to date.

World Trials champion for the first time was the best moment, but I was never satisfied and always wanted more victories...

Describe your worst trials experience so far.

Losing the World Championship in 2004 after being champion for seven years was hard to

Describe your favorite trials venue

My training areas around my home are perfect for all terrains

What does it mean to you to be part of the team?

I have been friends with the guys behind the Jitsie brand for a long time and I knew that their passion for our sport would mean that Jitsie would be a professional quality company that I wanted to be a part of now and in the future.

Any personal you want to say?

Noboby hates losing more than me, at the peak of my career I hated even thinking about it. Winning was everything....



Visit Dougie's website.

www.dougielampkin.co.uk







Designed to meet the demands of World champions! Take one ride in the Alpinestars No Stop boots and understand why these are the most advanced and comfortable trials boots ever created.





- » Contoured shin plate is injected with high modulus TPU for a high level of impact and abrasion resistance
- » TPU injected rear plate
- » Shock absorbing padding on the ankles
- » Leather and microfiber instep flex zone
- » Leather upper
- » Alpinestars exclusive compound rubber sole with high grip
- » Toe-to-heel support, including a stamped steel shank
- » Three buckles with memory featuring an integrated quick release/locking system and a top reverse closure
- » Buckles are injected with high impact resistant technopolymer
- $\ensuremath{^{\mathrm{w}}}$ Top of the boot is sealed with a Velcro® strap connected to elastic stretch leather
- » Polyester fabric lining coupled with padded foam
- » Extended gaiter helps prevent dirt and moisture entry







CONVERSION CHART NO STOP TRIALS BOOTS

5	6	7	8	9	10	11	12	13
38	39	40,5	42	43	44,5	45,5	47	48
24	25	25,5	26,5	27,5	29	29,5	30,5	31,5

ALPINESTARS SPARE PARTS

NO STOP SOLE

Available for all sizes.

Size 5, 6/7, 8, 9, 10/11, 12/13 Part# ANSBSOLE



STRAPS

Part#

ANSBSTRAPS WHITE ANSBSTRAPS BLACK



STRAP LOCK SET

Part# ANSBCLIPS



BEE WAX

Part#

ABEEWAX BLACK ABEEWAX WHITE ABEEWHITE RED ABEEWHITE CLEAR









NEO GLOVES RED

Part# ANEOG RED Size S, M, L, XL, XXL



NEO GLOVES BLACK

Part# ANEOG BLACK Size S, M, L, XL, XXL



RJ-5 JACKET

Part# ARJ5 JACKET BLACK Size S, M, L, XL, XXL, XXXL



RJ-5 PANT

Part# ARJ5 PANT BLACK Size S, M, L, XL, XXL, XXXL





CREW SHOES WHITE/ SILVER

Part# ACREWS WS



CREW SHOES WHITE/RED

Part# ACREWS WR



F1 SHOES BLACK

Part# AF1S N



F1 SHOES WHITE

Part# AF1S W



CONVERSION CHART SHOES

7,5	8,5	9	10	11	11,5	12
40	41	42	43	44	45	46



Part# AF1S G





Forma boulder boots

Forma Boulder trials boots combine safety and fashion to allow every day use without compromise. Italian design at competitive pricing, that's what Forma is all about.



60









RUBBER SOLE

Part# FBSOLE
Size Available for all sizes





PLASTIC BUCKLE

Part# FBBUCKLE



Color

Long black
Long white
Short black
Short white
FBSTRAP LONG WHITE
FBSTRAP SHORT BLACK
FBSTRAP SHORT WHITE







RIDER PROFILE

Full name: Tomoyuki Ogawa 2012 Bike: Honda RTL MITANI Model 300

Nickname: GATTI Hometown: Mie, Japan Height: 178cm Weight: 71kg Birthdate: 04/10/1976

Birthplace: Mie, Japan High school: Mie Yokkaichi commercial

Favorite foods: Noodles Foods I hate: Fermented soybeans Favorite drinks: Calpis Music: Aerosmith

CAREER HIGHLIGHTS

Bicycle trials 1990 world champion

Motorcycle trials

1991 Country B&A class all-Japan champion 1992 International B class all-Japan champion 2007 International A class all-Japan champion 2010 International A class all-Japan champion

TRIALS BACKGROUND

When did you begin trials and how?

I started to ride bicycle trials in 1985 and five years later, in 1990, I switched to motorcycle trials.

Who influenced you and how?

My father has always been a big support in my career. I also learned a lot from Takumi Narita, a great Japanese trials rider from just before my time.

What are your strongest qualities as a trials rider?

I like big steps and jumps... Takumi Narita was a great Japanese rider from who I learned a lot!

What are your current and future goals in trials?

My current goal is to be the all-Japan champion. I also want to promote the trials sport over the whole country with my schools and shows.

Describe your greatest trials experience to date.

All my titles in bicycle and motorcycle trials!

Describe your worst trials experience so far.

Missing out on the title in the Japanese championship a couple of times...

Describe your favorite trials venue.

That is definitely Motegi where the Japanese World round is organized each year.

What does it mean to you to be part of the team?

I joined the Jitsie team two years ago and it has been a great collaboration. I like the products and the people behind the brand are passionate about trials. It's great to be their number 1 rider in Japan!



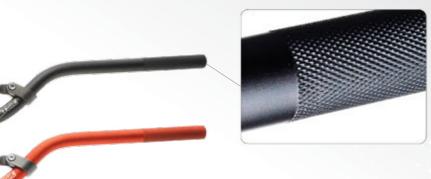
Visit Gatti's website.

www.tomoyuki-ogawa.com









JITSIE 22.2MM HANDLEBARS

Type	Part#	Color
4.5 Low	JIHB22-4.5	
5.0 Standard	JIHB22-5.0	
5.5 High	JIHB22-5.5	
6.0 Extra high	JIHB22-6.0	



FEATURES:

High quality aerospace aluminium

Knurled clutch side to resist slippage

Polished throttle side for less friction

Matt anodized



JITSIE 28.6MM HANDLEBARS

Type	Part#	Color
4.0 Pro	JIHB28-4.0	
4.5 Low	JIHB28-4.5	
5.0 Standard	JIHB28-5.0	
5.5 High	JIHB28-5.5	
6.0 Extra high	JIHB28-6.0	

66







4.5		DOHB28-4.5
5.0	1)	DOHB28-5.0
5.5		DOHR28-5 5











Image	Pai
1.	JIH

HB22-PADNR JIHB22-PADWR JIHB22-PADWB









JITSIE BAR PADS FOR 28.6MM HANDLEBARS

Image	Part#

Hage	r art#	
	JIHB28-PADNG	
	JIHB28-PADWG	
	JIHB28-PADWR	
	JIHB28-PADNR	
	IIHR28-PADM/R	





DOMINO BAR PAD FOR 22MM HANDLEBARS



DOMINO BAR PAD FOR 28MM HANDLEBARS

Part# DOHB28-PAD







SLOW ACTION THROTTLE

Part# TTSLOW



FAST ACTION THROTTLE

Part# TTFAST



BETA REV4/EVO 4T THROTTLE

Part# TTBETA 4T



FAST ACTION ALU THROTTLE

Part# TTALU



PLASTIC THROTTLE CAP

Part# TTCAP



PLASTIC THROTTLE **PULLEY**

Part# TTPULLEY







ALLEN BOLTS FOR THROTTLE

Part# BOLT INBUS M5X16 10P



THROTTLE PULLEY WITH BEARING



68

JI611-4621G



JI611-4621N

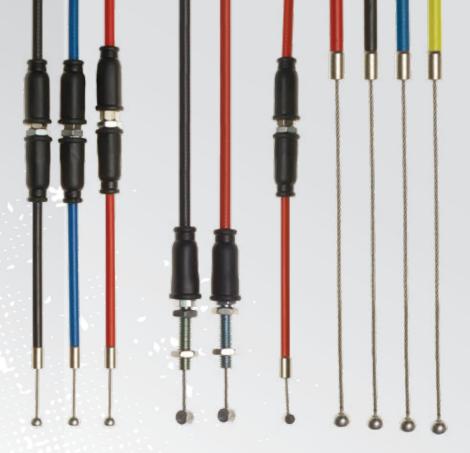






THROTTLE CABLES

The Jitsie throttle cables have a teflon coating inside the cable housing which eliminates all possible friction and results in unmatched throttle feeling.



Beta Rev3 2T 2008 Keihin carburettor

Part# VETC BE2T54009 Color

Beta Rev4 4T 07-08 **Dellorto 4T carburettor**

Part# VETC BE4T54408

Color

Beta Rev80 06-12

Part# VETC BEREV8054010 Color

Beta Evo 2T 09-12 Keihin carburettor

Part# VETC BE2T54012

Color

Beta Evo 4T 09-12 **Dellorto 4T carburettor**

Part# VETC BE4T54011

Color

Gas Gas Boy

Part# VETC GASB64008 Color

Gas Gas Rookie

Part# VETC GASR64007 Color

Gas Gas Pro 02-12 Sherco 2T/4T 01-12 Dellorto carburettor

Part# VETC GAS4001

Color Gas Gas Pro 02-12

Sherco 2T/4T 01-12 Keihin carburettor

Part# VETC GAS4002

Montesa 315 97-04 **Dellorto carburettor**

Part# VETC MO31544097

Color

Montesa 4RT 05-12 **Keihin injection**

Part# VETC MOR4RT44024

Color

Ossa 11-12 Kokusan injection

Part# VETC OSSA014008 Color



THROTTLE

The Jitsie Easythrottle, developped by Technon, makes the throttle feel really light and smooth. It is like having a new throttle on your bike ALL THE TIME!

22.2MM standard handlebar 13.70MM Ø

Part# JI605-ET22DM13.70

28.6MM handlebar 13.95MM Ø Part# JI605-ET28DM13.95

28.6MM handlebar 14.28MM Ø Part# JI605-ET28DM14.28





Part# CABLE OILER







TWO COMPONENT GRIPS

Domino two component grips are both comfortable and durable. Their innovative double layer construction makes the grip stick to the handlebar like no other grip.













TRIALS GRIPS

Strong standard grips with





TWO COMPONENT GRIPS WITH BAR ENDS

These cool Ariete grips are dual compound grips with integrated bar ends. They feel really grippy with the full diamond pattern and resist very good against tearing and abrasion.



Part# AG2POLY RED

IL TRIAL TRIALS GRIPS

The new Tr1al grips are quality firm feeling grips that offer excellent grip and durability.



IL TRIAL

ALLOY HANDLEBAR **ENDS**

The Tr1al bar ends offer excellent quality at competitive pricing. They fit all trials handlebars and ensure excellent grip protection when crashing.



BAR ENDS SILVER



BAR ENDS BLUE

BAR ENDS RED

GRIP GLUE

Special grip glue that will prevent your grips from moving on the handlebar.



GRIPWRAPS

These velcro fastened gripwraps keep your grips nice and clean while working on your bike.











KILL BUTTONS





Part# KILL MAG LANYARD BLACK

Color Part# KILL MAG LANYARD RED



KILL BUTTON WITH LANYARD

Part# KILL LANYARD



KILL BUTTON ON/OFF

Part# KILL ON/OFF



KILL BUTTON KX Part# KILL KX TYPE

71



KILL BUTTON CR

Part# KILL CR TYPE



KILL BUTTON YZ Part# KILL YZ TYPE



KILL SWITCH PRO

Part# KILL SWITCH PRO





Manufactured from cold forged aluminium for maximum impact resistance.

Short AJP replica brake lever Part# LEB90.1S GP

> AJP replica clutch lever Part# LEC90.1S GP

AJP replica brake lever Part# LEB90.1L GP

AJP replica clutch lever Part# LEC90.1L GP



LEVERS



Quality yet economical alternative to the OEM levers.

Short AJP replica brake lever Part# LEB90.1S

> AJP replica clutch lever Part# LEC90.1S

Long AJP replica brake lever Part# LEB90.1L

> AJP replica clutch lever Part# LEC90.1L



LEVERS

The Domino levers and lever assemblies are mostly used on



Part# TCLEVER 24MM

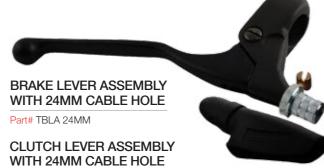
BRAKE LEVER WITH 24MMCABLE HOLE

Part# TBLEVER 28MM



24MM CABLE HOLE AND CHOKE

Part# TCLA CHOKE 24MM



Part# TCLA 24MM

CLUTCH LEVER ASSEMBLY WITH 28MM CABLE HOLE

Part# TCLA 28MM



RUBBER COVER FOR LEVER ASSEMBLY

Part# TLEVER COVER



M8 ADJUSTER SCREW FOR LEVER ASSEMBLY

Part# TLEVER ADJUSTER SCREW



AJP replica lever bushes Part# JI605-2330









Part# JI611-7721B



Part# JI611-7721G



Part# JI611-7721N

Part# Beta Rev/Evo 05-12 JI111-0621R





Part# JI611-7721V



LEVER **ADJUSTERS**



cylinder type Bike

Universal

Master

Grimeca

AJP big





JI611-0621R

JI611-1721R

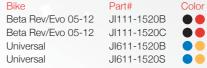
































Part# JI611-1821B



Part# JI611-1821G



"Part# JI611-1821N







Part# JI611-1821R Part# JI611-1821V



Jitsie brake pads perform when most needed! Developed especially for trials and tested by the Jitsie riders under all possible conditions, they brake when you need them to brake!



Part# BP008

BIKE FRONT

Beta Techno <99 Scorpa <99 Sherco 99-01



Beta Techno <99 Gas Gas Contact 89-99 Gas Gas Contact 89-99 Montesa 314-315 94-00 Montesa 314-315 94-00 Scorpa <99 Sherco 99-01



Part# BP038

BIKE REAR

Montesa 309/310/311 89-93



Part# BP066

BIKE FRONT Beta TR34 89-92

BIKE REAR Aprilia Climber 94-96



Part# BP096

BIKE REAR

Part# BP121

Fantic 89-95

Montesa 88-93

BIKE FRONT

Aprilia Climber 92-96

BIKE REAR

Beta TR34/TR35 91-99 Beta Zero/Techno 91-99

Beta Zero/Techno 91-99 Fantic 89-95

Beta TR34/TR35 91-99

Aprilia Climber 89 JCM 88



Part# BP115

BIKE FRONT

BIKE REAR Aprilia Climber 89-91 Beta TR34 86



Part# BP120

BIKE FRONT

Beta TR/Synt Fantic 87-88 Garelli 86

JCM 87

BIKE REAR Fantic 87



Part# BP143

BIKE FRONT

BIKE REAR Gas Gas TXT 99-01 Gas Gas TXT 99-01



Part# BP168

BIKE FRONT

Beta Rev/Evo 00-12 Gas Gas Pro 02-12 Montesa 315-4RT 01-12 Ossa 11-12 Sherco 02-12



RACE

Part# BP168 RACE

BIKE FRONT

Beta Rev/Evo 00-12 Gas Gas Pro 02-12 Montesa 315-4RT 01-12 Ossa 11-12 Sherco 02-12



Part# BP180

BIKE REAR

Beta TR34/35/Zero/Synt



Part# BP199

BIKE REAR

Scorpa SY/SYF/SR 00-12



RACE

Part# BP173

BIKE REAR Gas Gas Pro 02-12

Ossa 11-12

Sherco 02-12

Montesa 315-4RT 01-12

Part# BP199 RACE

BIKE REAR

Scorpa SY/SYF/SR 00-12



Part# BP198 RACE

BIKE FRONT

RACE

BIKE REAR

Ossa 11-12

Part# BP173 RACE

Gas Gas Pro 02-12

Montesa 315-4RT 01-12

Scorpa SY/SYF/SR 00-12



Part# BP228

BIKE REAR

Beta Rev 05-08

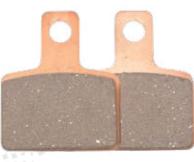


RACE

Part# BP228 RACE

BIKE REAR

Beta Rev 05-08



Part# BP282

BIKE REAR

Beta Evo 09-12

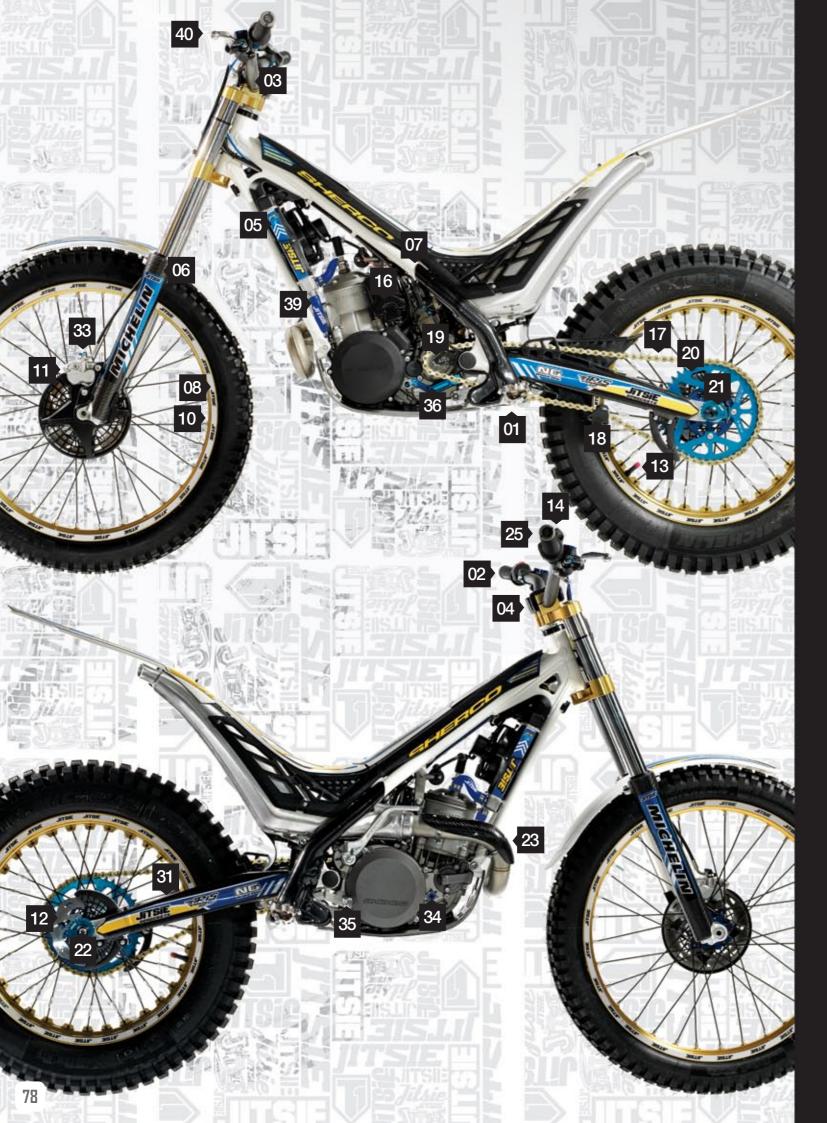


Part# BP282 RACE

BIKE REAR

Beta Evo 09-12



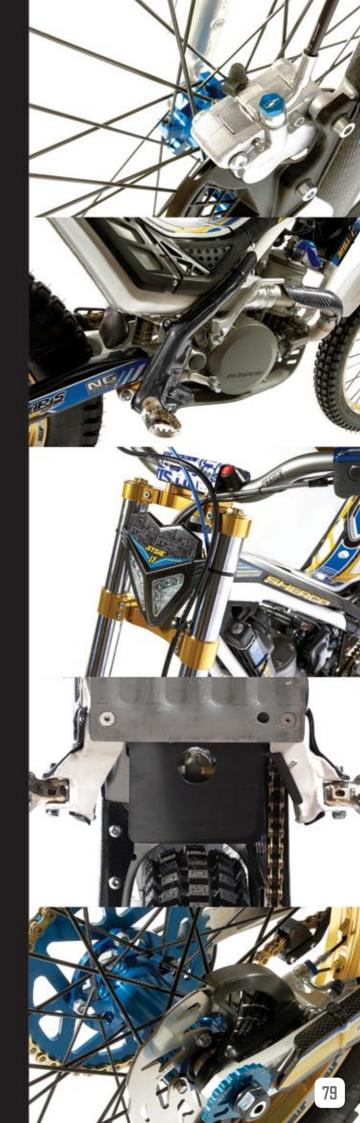


Discover the **JITSIE** Sherco ST 290 2012!

- 01. Jitsie Raptor titanium footpegs
- 02. Domino TG2 grips
- 03. Jitsie 28.6mm handlebar
- 04. Jitsie 28.6mm handlebar pad
- 05. Jitsie stickerkit
- 06. Jitsie fork guards
- 07. Jitsie frame guards
- 08. Jitsie rim stickers
- 09. Jitsie race hubs
- 10. Jitsie race rims
- 11. Jitsie race brake pads
- 12. Jitsie race brake discs
- 13. Jitsie silicon tyre valve caps
- 14. Jitsie throttle pulley with bearing
- 15. Jitsie air race air filter
- 16. Jitsie CDI cover
- 17. Iris RXL chain
- 18. Jitsie race chain block
- 19. Jitsie front sprocket
- 20. Jitsie rear sprocket
- 21. Jitsie snail cams
- 22. Jitsie rear wheel axle
- 23. Jitsie pipe guard
- 24. Jitsie lever play adjusters
- 25. Domino fast action throttle
- 26. Jitsie lever adjusters
- 27. Jitsie master cylinder covers
- 28. Jitsie master cylinder clamps
- 29. Jitsie carburetor adjuster screws
- 30. Jitsie carburetor float bowl bolt
- 31. Jitsie swingarm protectors
- 32. Jitsie throttle cable
- 33. Jitsie banjo bolts
- 34. Jitsie oil plug
- 35. Jitsie brake pedal
- 36. Jitsie gear pedal
- 37. Jitsie linkage protector
- 38. All Balls linkage bearing kit
- 39. Jitsie silicon water hoses
- 40. Tr1al levers

Check out our facebook page facebook.com/jitsietrials for a closer look at this bike!







NG brake discs are the reference when it comes to braking power for trials bikes. OEM quality discs CNC machined to precision, they are the ideal replacement discs.



Part# BDFR 005

BIKE FRONTBeta Techno 95-99



Part# BDFR 062

BIKE FRONT

Gas Gas Contact 97-98



Part# BDFR 316

BIKE FRONT
Beta Rev3 00-02



Part# BDFR 626

BIKE FRONT
Beta Rev/Evo 03-12



Part# BDFR 649

BIKE FRONT
Gas Gas Pro 03-06

80



Part# BDFR 012

BIKE FRONT
Sherco 02-08

Part# BDFR 258

BIKE FRONT

Sherco 98-99

Part# BDFR 355

Montesa 315 01-04

BIKE FRONT

RACE

BIKE FRONT

Part# BDFR 666

Gas Gas Rookie 50/80 2003

BIKE FRONT

Part# BDFR 626X RACE

Beta Rev/Evo 03-12



BIKE FRONT
Gas Gas Contact 99-01



Part# BDFR 260
BIKE FRONT



Part# BDFR 412

BIKE FRONT
Gas Gas Rookie 80 2001



Part# BDFR 627
BIKE FRONT
Montesa 4RT 05-12



Part# BDFR 715

BIKE FRONT

Gas Gas Pro 07-12



Part# BDFR 035
BIKE FRONT
Gas Gas 92-96



Part# BDFR 278



Part# BDFR 413

BIKE FRONT

Gas Gas Pro 2002



Part# BDFR 646
BIKE FRONT
Beta Rev50 05-06
Beta Rev80 02-06



Part# BDFR 715X RACE
BIKE FRONT

Gas Gas Pro 07-12



Part# BDRR 006

BIKE REAR

Beta Techno 95-99



Part# BDRR 259
BIKE REAR



Part# BDRR 356
BIKE REAR



Part# BDRR 607
BIKE REAR
Montesa 4RT 05-12



RACE
Part# BDRR 650X RACE







Part# BDRR 011

BIKE REAR
Sherco 02-08



Part# BDRR 261

BIKE REAR

Montesa 315 97-00



Part# BDRR 370
BIKE REAR
Gas Gas Contact 99-01



Part# BDRR 645
BIKE REAR
Beta Rev 03-08



Part# BDRR 667
BIKE REAR
Gas Gas Rookie 50/80 03-09

Part# BOLT M6X16 SP BD 10P



BIKE REAR Gas Gas 92-96



Part# BDRR 279
BIKE REAR
Sherco 00-01



Part# BDRR 389

BIKE REAR

Gas Gas Pro 2002



BIKE REAR
Beta Rev50 05-06
Beta Rev80 02-06



BIKE REAR Beta Evo 09-12



Part# BDRR 063

BIKE REAR

Gas Gas Contact 97-98



Part# BDRR 317
BIKE REAR
Beta Rev3 00-02



Part# BDRR 410

BIKE REAR
Gas Gas Rookie 80 2001



Part# BDRR 650

BIKE REAR

Gas Gas Pro 03-12



Part# BDRR 1152X RACE
BIKE REAR



Part# BOLT M6X16 ZC BD 10P Part# BOLT M6X20 ZC BD 10P

81

Beta Evo 09-12

JITSIE REAR SPROCKETS

STEP 1. CHOOSE YOUR BIKE

Bike	Year	Part#
Beta Techno/Rev	93-01	BT8943
Beta Rev/Evo	02-12	BT2802
Beta Rev/Evo 125 OEM	04-12	BT89675
Gas Gas Contact/TXT	99-01	BT868
Gas Gas Pro	02-12	BT2802
Montesa 315	97-04	BT234
Montesa 4RT	05-12	BT2802
Ossa	11-12	BT2804
Scorpa SY/SR	02-12	BT2802
Sherco	02-12	BT2802







Part#

RSBTRIAL SET6

BOLT INBUS

RH M8X35 10P





Special sprocket bolts only for Beta Evo 09-12.

Part# BT234 BT2802 BT2804 BT868 BT8943 BT89675



40,42,43,44 38,39,40,41,42,43,44,46,48 41,42 41,42,44 42,43 55



SPROCKET 10P



[] JITSIE

FRONT SPROCKETS

Teeth 11 Part# AF94202



Fantic 240/241/243/245/247/30 0/301/303/305/307/403

Teeth 11,12 Part# AF55300



Gas Gas Randonner 2012

Teeth 9,10 Part# AF20300



Ossa 11-12 Teeth 9,10,11



Scorpa SR 00-12 Teeth 9.10 Part# AF94306

Beta Techno/Rev3/Evo 2T 98-12 Teeth 9,10,12 Part# AF40300



Gas Gas Contact/TXT 99-01 Teeth 10,11



Part# AF94305

Montesa 310/311 89-93

Teeth 10 Part# AF79302



Scorpa Easy 1999

Teeth 10 Part# AF61201



Sherco 99-12



Beta TR/Alp/Techno < 1998

Teeth 10,11 Part# AF94301



Gas Gas Pro 02-12

Teeth 9,10,11 Part# AF97200



Montesa 314/315 94-04

Teeth 10 Part# AF20303



Scorpa SY125F 00-12

Teeth 9,10 Part# AF20300



Fantic 125

Teeth 13 Part# AF55203



Gas Gas Rookie

Teeth 12 Part# AF58102



Montesa 4RT 05-12

Teeth 9,10 Part# AF79304



Scorpa SY 2T 00-09

Teeth 9,10 Part# AF21203



Teeth 9,10 Part# AF94306





Description

428 Chain - 134 Links 520 Chain - 102 Links 520 Chain - 106 Links



428 Chain link Part# 428LINK RXP GOLD

520 Chain link Part# 520LINK RXL GOLD

428X134 RXP GOLD

520X102 RXL GOLD

520X106 RXL GOLD

520 Half link chain Part# 520H/LINK RXL GOLD



CHAINS



Description 520 Chain - 102 Links 520 Chain - 106 Links

Part# 520X102 EBORO 520X106 EBORO



520 Chain Link Part# 520LINK EB

520 Half Link Chain Part# 520H/LINK EB





Spindle diameter

20MM with spacer

24MM with spacer

Spacer for 20MM snailcam

17MM



JI611-2021

JI211-2021

JI711-2021

JI211-SPACER2021















Bike Beta Rev/Evo 00-12 Gas Gas Pro 02-04 17MM Montesa 315/4RT 97-12 17MM 00-12 Scorpa 17MM Sherco 00-12 20MM Gas Gas Pro 05-12 24MM Ossa 11-12





Part# JI608-3430B



Part# JI608-3430N



Part# JI608-3430R



Part# JI605-3430N

JITSIE GEAR PEDALS

Bike	Year	Part#	Color
Beta Rev3/Evo 2T	00-12	JI106-3720	
Gas Gas Pro	02-12	JI206-3720	
Gas Gas Rookie/Cadet	01-12	JI209-3720	
Gas Gas Randonner	2012	JI404-3720	
Montesa 4RT	05-12	JI306-3720	
Scorpa SY125F	04-12	JI404-3720	
Scorpa TYS125/175F	04-12	JI409-3720	
Scorpa SY250F	06-12	JI407-3720	
Sherco	00-12	JI510-3720	





Bike	Year	Part#	Color
Beta Techno	<2000	JI100-4420	
Beta Rev	00-08	JI107-4420	
Beta Evo	09-12	JI100-4420	
Gas Gas Pro	02-12	JI207-4420	
Sherco	99-12	JI507-4420	



JITSIE BRAKE PEDALS

Bike	Year	Part#	Color
Beta Rev3	05-08	JI105-4520	
Beta Evo	09-12	JI109-4520	
Gas Gas Pro	02-08	JI208-4520	0.37
Gas Gas Pro	09-12	JI209-4520	
Montesa 4RT	05-12	JI307-4520	201
Sherco	99-12	JI510-4520	





[]JITSIE

CARBON FIBRE UPPER FORK GUARDS



Part# JI104-0102 Beta Rev/Evo 04-12



Part# JI204-0102 Gas Gas Pro 04-12 Ossa 11-12 Scorpa SY/SYF 08-11 Sherco 11-12



Part# JI503-0102 Sherco 01-10





Part# JI303-0102

Montesa 315/4RT 00-12







Part# JI203-0202 Gas Gas Pro 02-12



Part# JI307-0202 Montesa 4RT 05-12



Part# JI103-0202 Beta Rev3 00-08



Part# JI205-0202 Gas Gas Pro 05-12



Part# JI403-0202 Scorpa SY 2T 00-09



Part# JI109-0202 Beta Evo 2T 09-12



Part# JI303-0202 Montesa 315 97-04



Part# JI503-0202 Sherco 2T/4T 00-12



SILENCER GUARDS



Part# JI109-1532N Beta Evo 2T 09-12



Part# JI209-1532N Gas Gas Pro 08-10



Part# JI103-1532N Beta Rev3 03-06



Beta Evo 2T 09-12



Part# JI111-1532N



Part# JI211-1532N Gas Gas Pro 11-12



Part# JI107-1532N Beta Rev3 07-08



Part# JI409-1532N Scorpa SY 2T 02-09







CARBON LOOK ENGINE MUD GUARDS





Part# Jl209-3632N
Gas Gas Pro 09-12



Part# JI309-3632N Montesa 4RT 05-12



Part# JI508-3632N Sherco 01-09

HJITSIE

CARBON LOOK CLUTCH COVER GUARDS



Part# JI208-3032N Gas Gas Pro 02-12



Part# JI108-3032N Beta Rev/Evo 2T 00-12



Part# JI309-3032N Montesa 4RT 05-12



Part# JI109-5632N Beta Rev/Evo 2T 00-12



Part# JI508-3032N Scorpa SR 10-12 Sherco 00-10



CARBON LOOK FLYWHEEL COVER GUARDS



Part# JI209-3232N Gas Gas Pro 02-12



HJITSIE

CARBON LOOK AIRBOX COVER GUARDS



Beta Evo 09-12



Montesa 4RT 05-12



Part# JI508-5032N Sherco 01-09

[] JITSIE

CARBON LOOK AIRBOX MUD GUARD



SPOILER FOR REAR MUDGUARD





AIR FILTER MUD COVER



Beta Evo 09-12





Beta Evo 09-12 Sherco 2T 2012

[] JITSIE

CARBON LOOK

















HJITSIE

NUMBERBOARD

[] JiTSiE

PLASTIC FRONT

NUMBERBOARD

Part# JI605-2202 Fits all bikes.

CARBON FIBRE FRONT

Plastic front numberboard Part# JI608-2222 Color • • • • • • •

Plastic front numberboard with window Part# JI608-5322







The evolution continues!

A constant evolution of the bike, chassis and engine, always developed to support expert and hobby riders. This is the approach followed by Beta to improve the 2012 EVO model which builds further on the great success of the '11 range and allows the EVO to remain at the top of trials in the World.

New 2012 Beta Evo features

- » New clutch plates
- » Silencer revised internally
- » Temperature sensor now located at the bottom of the radiator for improved accuracy and precision
- » Revised gearbox cam with a different thickness for smoother gear engagement
- » New suspension settings
- » Light switch positioned next to radiator fan
- » Electrical system modified for a better layout and simplification of the cables
- » New color for the front fork tubes ensures an exclusive look
- » New color plastics and graphic kit to suit the Beta identity





Discover the JISE Beta Evo 2012!

01. Jitsie raptor titanium footpegs

02. Domino TG2 grips

03. Jitsie 28.6MM handlebar

04. Jitsie 28.6MM handlebar pad

05. Jitsie stickerkit

06. Jitsie fork guards

07. Jitsie frame guards

08. Jitsie silencer guard

09. Jitsie rim stickers

10. Jitsie race hubs

11. Jitsie race rims

12. Jitsie race brake pads

13. Jitsie race brake discs

14. Jitsie silicon tyre valve caps

15. Jitsie race levers

16. Jitsie trotthle pulley with bearing

17. Jitsie silicon water hoses

18. Jitsie race air filter

19. Jitsie CDI cover

20. Iris RXL chain

21. Jitsie race chain block

22. Jitsie front sprocket

23. Jitsie rear sprocket

24. Jitsie snail cams

25. Jitsie airbox protector

26. Magnetic kill button with lanyard

27. Jitsie flywheel cover protector

28. Jitsie lever play adjusters

29. Domino fast action throttle

30. SKF low friction fork seals

31. Jitsie lever adjusters

32. Jitsie master cylinder covers

33. Jitsie master cylinder clamps

34. Jitsie carburetor adjuster screws

35. Jitsie carburetor float bowl bolt

36. Jitsie swingarm protectors

37. Jitsie throttle cable

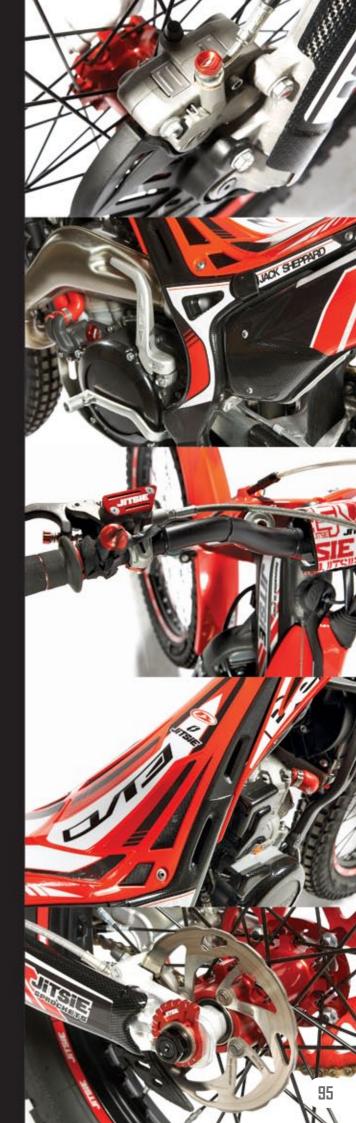
38. Jitsie oil plug

39. Jitsie brake pedal

40. Jitsie gear pedal

Check out our facebook page facebook.com/jitsietrials for a closer look at this bike!









Engine oil plug Beta Evo 2T 09-12 Part# JI111-8620N

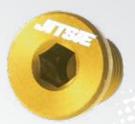


Engine oil plug Beta Evo 2T 09-12 Part# JI111-8620R



Clutch oil plug Gas Gas Pro 02-12 Sherco 02-12 Ossa 11-12

Part# JI511-1921B



Clutch oil plug Gas Gas Pro 02-12 Sherco 02-12 Ossa 11-12 Part# JI511-1921G



Part# JI611-3921N



Part# JI611-3921B

Part# JI611-3921R



Part# JI611-3921G





Part# JI611-3921V



Clutch oil plug Gas Gas Pro 02-12 Sherco 02-12 Ossa 11-12 Part# JI511-1921N



Clutch oil plug

Gas Gas Pro 02-12 Sherco 02-12 Ossa 11-12 Part# JI511-1921R



Clutch oil plug Gas Gas Pro 02-12 Sherco 02-12 Ossa 11-12 Part# JI511-1921V



Clutch oil plug Beta Rev/Evo 4T 07-12 Montesa 4RT 05-12 Part# JI305-1921R



Engine oil plug Montesa 4RT 05-12 Part# JI306-2621R







CASE GUARDS

Protect the flywheel and engine case on your Montesa 4RT with these trick aluminium case savers.





[] JITSIE

response.

KEIHIN CARBURETTOR FLOAT CHAMBER BOLTS

Eliminates possible hickups in throttle

CARBURETTOR SCREWS



CARBURETTOR MIXTURE SCREWS

Easily change the air/petrol mixture without the need for a screwdriver.

For Dellorte carburettor

Part# JI611-4021(COLOR) DELLORTO

Color

For Keihin carburettor Part# JI611-4021(COLOR) KEIHIN

Color • • • • •

KEIHIN CARBURETTOR IDLE SCREWS

Replaces the plastic idle screw on the Keihin carburettor.

For Dellorte carburettor

Part# JI611-4121(COLOR) KEIHIN







Allows for an easy change from a Dellorto to a Keihin carburettor on the Gas Gas Pro!



Aluminium front adaptor For Gas Gas Pro 02-12

Part# JI209-6022R



Rubber adaptor For Gas Gas Pro 02-12 Part# JI209-6141N



[] JITSIE

SILICON WATER HOSES

Replace the stock water hoses with these stronger and cooler



Beta Evo 2T 09-12 Part# JI109-4540R



JiTSiE

Gas Gas Pro 02-12

Part# JI207-4540N



Part# JI207-4540R





Gas Gas Pro 02-12

Part# JI207-4540B

Montesa 4RT 05-12

Part# JI307-4540B









Montesa 4RT 05-12

Part# JI307-4540R



Part# JI711-4540V

Sherco 2T 2012 Part# JI512-4540B

Sherco 2T 2010 Part# JI510-4540B

JITSIE

HOSE COLLARS

98



Part# JI511-4540B









Part# HOSE COLLAR DM(ØMM) 5P ØMM 19, 20, 21, 22, 23, 24, 25

Part# STEEL COLLAR 16/25 9MM 10P Part# STEEL COLLAR 32/50 9MM 10P Part# STEEL COLLAR 50/70 9MM 10P

Part# HOSE COLLAR PLIERS



RAPTOR FOOTPEGS

High quality hand welded titanium footpegs. Super light, extremely strong and maximum





Combination of an aluminium body for lightweight with steel pins for maximum grip.

FOOTPEGS







Part# JI611-1681N



FOOTPEG HOLDERS

1cm further backwards than standard for extra grip.



Part# JI305-1321N

ÚJITSIE

- » Maximum protection
- » Focus on horsepower
- » Waterproof and airtight base
- » N1 air filter in trials



Beta Evo 09-12 Part# JI109-999



Montesa 315 97-04 Part# JI303-999



Part# JI403-999



Sherco 2012 Part# JI512-999



Beta Rev3 03-08 Part# JI103-999



Gas Gas Pro 02-12 Part# JI203-999



Montesa 4RT 05-12 Part# JI305-999



Sherco 00-09 Part# JI503-999



Air filter screw for Gas Gas Pro 02-12





Beta Rev4 07-08



Part# JI108-999

Honda TLR 200-250 Part# JI312-999



Ossa 11-12 Part# JI711-999



Sherco 10-11 Part# JI510-999





Excellent value for money!

Beta Evo 09-12

Fantic Triangle

Part# TL AF BETA EVO 2009

Part# TL AF FANTIC TRIANGLE

Gas Gas Contact 99-01

Part# TL AF GAS CONT 99-01



Beta Techno 94-99 Part# TL AF BETA TECHNO

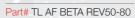


Beta Rev3 00-02



Beta Rev50/80 07-12









Part# TL AF GAS JT



Gas Gas Pro 02-12 Part# TL AF GAS PRO



Part# TL AF MON 4RT



Sherco 10-11

Montesa 4RT 05-12

Part# TL AF SHERCO 10



Part# TL AF SCORPA 125 4T



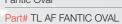
Sherco 2012

Part# TL AF SHERCO 12



Part# TL AF BETA REV 00-02







Gas Gas Contact 1996 Part# TL AF GAS CONT 96



Montesa 314 94-96 Part# TL AF MON 314



Scorpa SY250F 4T 06-12

Part# XLMS0509



Beta Rev3 03-08

Part# TL AF BETA REV3 03-08



Fantic Step

Part# TL AF FANTIC STEP



Gas Gas Contact 97-98 Part# TL AF GAS CONT 97-98



Montesa 315 97-04

Part# TL AF MON 315



Sherco 00-09

Part# TL AF SHERCO



IL TRIAL OIL FILTERS

The best choice when changing the oil filter on your four stroke trials bike!

Bike Montesa 4RT 05-12 Part# OF4RT

Bike Beta Rev/Evo 4T 07-12 Part# OFREV4



[]JiTSiE AIR FILTER OIL

Quality bio-degreadable oil as used on the Jitsie air filters.

Part# JI605-999



SURFLEX CLUTCHES

Surflex clutch kits are standard equipment on most modern trials bikes. The outstanding quality of the discs ensures a perfect working of the clutch under the most extreme conditions.



Beta 50 85-00 Friction and steel plates Part# SFC S1760



Beta Evo 2T 09-12 Beta Rev3 00-08 Beta Techno 98-99 Friction and steel plates

Part# SFC S1762



Beta Evo 2T 09-12 Beta Rev3 00-08 Beta Techno 98-99

Friction plates Part# SFC S1762B



Beta Synt

Beta TR34/35

Beta Zero 90-93

Friction and steel plates Part# SFC S1612

Beta Rev50/80 04-12 Friction and steel plates Part# SFC S1906



Beta TR 32/33 84-87 Friction and stel plates Part# SFC S1392



Beta TR 34 87-90 Friction and steel plates Part# SFC S1497



Gas Gas Boy Gas Gas Cadet Gas Gas Rookie

Friction and steel plates Part# SFC S2181



Gas Gas Contact 99-03 Gas Gas Edition 99-03 Friction and steel plates Part# SFC S1901



Gas Gas Contact 99-03 Gas Gas Edition 99-03 Friction plates Part# SFC S1901B



Gas Gas Pro 02-12 Friction plates Part# SFC S2222B



Gas Gas Pro 02-12 Gas Gas Pro 02-12 Steel Plate 1.3MM Steel Plate 1.4MM Part# SFC S2222K/33M21 Part# SFC S2222K/33M22



Gas Gas Pro 02-12 Steel Plate 1.5MM Part# SFC S2222K/33M23



Part# SFC S2222K/33M20

Gas Gas Pro 02-12 Steel Plate 1.6MM



Part# SFC S1811



Montesa 315 97-12 Montesa 4RT 97-12

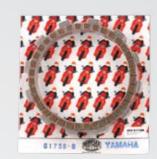




Sherco 99-12 Scorpa SR 11-12 Friction and steel plates Part# SFC S1920



Montesa 315/4RT 97-12 Friction plates Part# SFC S1811B



Scorpa SY 00-10 Friction plates Part# SFC S1738B



Sherco 99-12 Scorpa SR 11-12 Friction plates Part# SFC S1920B



Scorpa SY 00-10

Friction and steel plates Part# SFC S2174

Easily change the transmission oil with our oil filler kits!

KITS



Bike Gas Gas Pro Sherco Montesa 4RT Sherco 4T Beta Rev/Evo 4T Beta Rev/Evo 2T Ossa

Year Part# 02-12 JI209-4822 01-12 JI209-4822 05-12 JI308-4822 05-12 JI508-4822 Jl111-4822 07-12 00-12 JI112-4822 11-12 JI712-4822



FRONT WHEELS

JITSIE RIMSTICKERS INCLUDED WITH EACH WHEEL!





Beta Evo 09-12

Part# JI111-FRWHL BLKRIM RDHUB

Rim Hub

Beta Evo 09-12

Part# JI111-FRWHL RDRIM BLKHUB Rim

Hub

Gas Gas Pro 04-12

Part# JI211-FRWHL TTRIM BLKHUB

Rim 🕦 Hub Gas Gas Pro 04-12

Part# JI211-FRWHL TTRIM RDHUB

Rim 🕦 Hub



Gas Gas Pro 04-12

Part# JI211-FRWHL BLKRIM RDHUB

Rim Hub

Montesa 4RT 05-12

Part# JI311-FRWHL GLDRIM BLKHUB

Rim 🛑 Hub

Sherco 01-12

Part# JI511-FRWHL GLDRIM BLUHUB

Rim 🛑 Hub 🔵 Sherco 01-12 Part# JI511-FRWHL

GLDRIM BLKHUB

Rim Hub





JITSIE RIMSTICKERS INCLUDED WITH EACH WHEEL!





Beta Evo 09-12

Part# JI111-RRWHL BLKRIM RDHUB

Rim Hub 🌑

Beta Evo 09-12 Part# JI111-RRWHL RDRIM BLKHUB

Rim Hub

Gas Gas Pro 01-12 Part# JI211-RRWHL TTRIM BLKHUB

Rim 🕦 Hub Gas Gas Pro 01-12 Part# JI211-RRWHL

TTRIM RDHUB Rim 🗊 Hub 🌑





AXLE BOLTS

Part# JI211-RRWHL

BLKRIM RDHUB

Rim

Hub







Part# JI511-RRWHL

GLDRIM BLUHUB

Rim 🛑

Hub





Part# JI511-RRWHL

GLDRIM BLKHUB

Rim 🛑

Hub

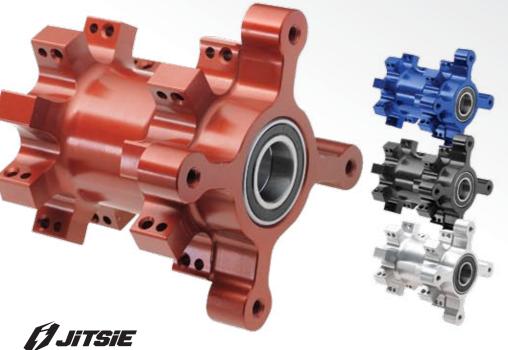
Part# JI611-8221B

Part# JI311-RRWHL

GLDRIM BLKHUB

Rim 🛑

Hub



ÚJITSIE

FRONT HUBS

Beta Evo 09-12

Part# JI111-FRHUB(COLOR) Color

Gas Gas Pro 04-12

Part# JI211-FRHUB(COLOR) Color

Montesa 05-12

Part# JI311-FRHUB(COLOR)

Color

Sherco 04-12

Part# JI511-FRHUB(COLOR) Color



Beta Evo 09-12

Part# JI111-RRHUB(COLOR) Color

Gas Gas Pro 04-12

Part# JI211-RRHUB(COLOR) Color

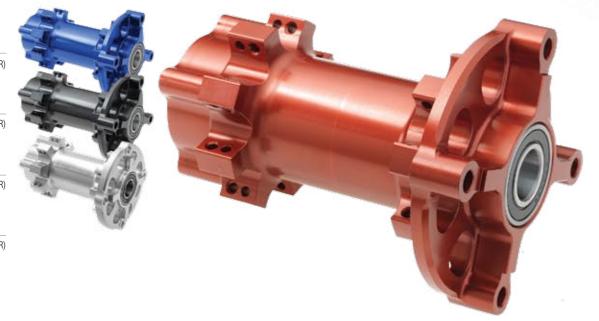
Montesa 05-12

Part# JI311-RRHUB(COLOR) Color

Sherco 04-12

Part# JI511-RRHUB(COLOR)

Color





WHEEL BEARINGS



Type 6004-2RS Part# BE6004-2RS

106

Type 61904-2RS Part# BE61904-2RS Bike Front Wheel Beta Evo 09-12

Type 6905-2RS Part# BE BE6905-2RS Bike Front Wheel Gas Gas Pro 04-12, Scorpa 08-11, Ossa 11-12

RIMTAPES



Front rimtape Part# RIMTAPE FRONT 21"

Rear rimtape Part# RIMTAPE 18"TBL



Rimtape with integrated valve Part# RIMTAPE VALVE 18"TBL

VALVES AND GRIPSTERS



Gripster Part# RIML WM1



Tubeless tyre valve



Tubeless tyre valve Part# VALVE TUBELESS **RUBBER 5P**

INNER TUBES



Front Wheel Inner Tube 21" Part# KT275/300x21



Rear Wheel Inner Tube 18" Part# KT400/400x18



FRONT

RIMS



Part# JI611-FRRIM32G

Part# JI611-FRRIM32N

JI611-FRRIM32R

JI611-FRRIM32S

JI611-FRRIM32T







JI611-RRRIM32G

JI611-RRRIM32N

JI611-RRRIM32R

JI611-RRRIM32S

JI611-RRRIM32T

MORAD **REAR RIMS**



Part# MORRRIM32G

MORRRIM32N

MORRRIM32R

MORRRIM32S

MORRRIM32T











Front spoke

Color Part# MOFRSPOKEN Nipple front spoke

Color Part# MOFRNIPS



REAR WHEEL



MORAD REAR WHEEL SPOKES & **NIPLES**

Rear spoke long disc side 165MM

Color Part# MORRSPOKE165MMPRON

Rear spoke long disc side 174MM Color Part# MORRSPOKE174MMPRON

Rear spoke short sprocket side 33MM Color Part# MORRSPOKE33MMPRON

Rear spoke short sprocket side 35MM

Color Part# MORRSPOKE35MMPRON Nipple rear spoke Color Part# MORRNIPPROS

Rear spoke long

Color Part# MORRSPOKEDISCS

Rear spoke long

Color Part# MORRSPOKEDISCN

Rear spoke short

Color Part# MORRSPOKESPRS

Rear spoke short

Color
Part# MORRSPOKESPRN

107

Nipple rear spoke Color Part# MORRNIPS



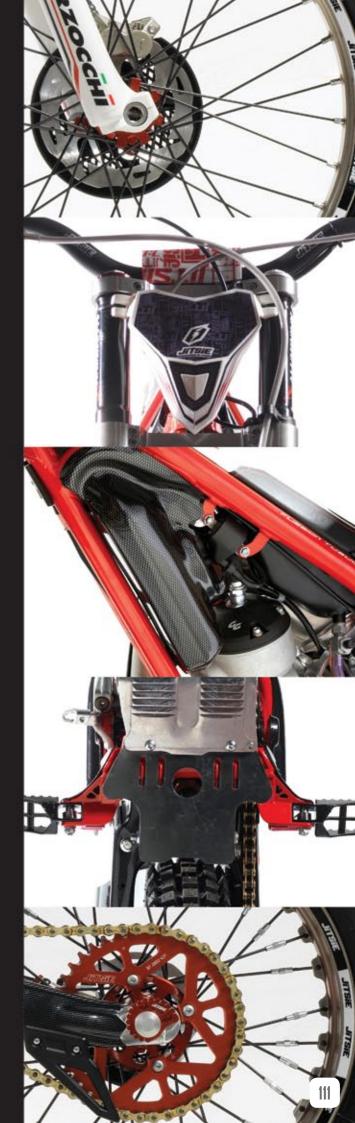


Discover the Gas Gas TXT PRO 2012!

- 01. Jitsie steel footpegs
- 02. Jitsie 28.6mm handlebar
- 03. Jitsie 28.6mm handlebar pad
- 04. Domino fast action throttle
- 05. Jitsie trotthle pulley with bearing
- 06. Domino TG2 grips
- 07. Tr1al levers
- 08. Jitsie lever play adjusters
- 09. Jitsie lever adjusters
- 10. Jitsie magnetic kill button with lanyard
- 11. Jitsie stickerkit
- 12. Jitsie frame guards
- 13. Jitsie pipe guard
- 14. Jitsie silencer guard
- 15. Jitsie race brake pads
- 16. Jitsie race brake discs
- 17. Jitsie silicon tyre valve caps
- 18. Jitsie flywheel cover protector
- 19. Jitsie race air filter
- 20. Jitsie air filter bolt
- 21. Jitsie carburetor adjuster screws
- 22. Jitsie carburetor float bowl bolt
- 23. Jitsie front sprocket
- 24. Jitsie rear sprocket
- 25. Iris RXL chain
- 26. Jitsie race chain block
- 27. Jitsie snail cams
- 28. Jitsie race rear wheel spindle
- 29. Jitsie clutch cover protector
- 30. Jitsie swingarm protectors
- 31. Jitsie race rims
- 32. Jitsie rim stickers
- 33. Jitsie race hubs
- 34. Jitsie front wheel spindle bolt
- 35. Jitsie gear pedal
- 36. Jitsie fuel vent hose cap
- 37. SKF race fork seals
- 38. TRP shock absorber
- 39. Jitsie radiator guards
- 40. Jitsie linkage protector

Check out our facebook page facebook.com/jitsietrials for a closer look at this bike!









The TRP trials shock absorbers are an established brand in the World of trials with their great line of high quality trials suspension products.

The main features of the TRP rear shock absorbers are:

- » Fully adjustable rebound
- » Progressive damping
- » Top quality cnc machined aluminium parts
- » Several spring options available to suit each rider's weight and ability

Beta Evo 09-12

Туре	Part#
Extra Soft	TRP109-0265150
Soft	TRP109-0270150
Standard	TRP109-0275150
Strong	TRP109-0280150
Extra strong	TRP109-0285150

Gas Gas Pro 02-11

Part#
TRP206-0255150
TRP206-0260150
TRP206-0265150
TRP206-0270150

Gas Gas Pro 2012

Type	Part#
Soft	TRP212-0260127
Standard	TRP212-0270127
Strong	TRP212-0280127
Extra strong	TRP212-0285127

Montesa 315 01-04

Туре	Part#
Soft	TRP302-0270150
Standard	TRP302-0275150
Strong	TRP302-0280150
Extra strong	TRP302-0285150

Montesa 4RT 05-12

Type	Part#
Soft	TRP306-0270150
Standard	TRP306-0275150
Strong	TRP306-0280150
Extra strong	TRP306-0285150

Sherco 01-09

Part#
TRP506-0265150
TRP506-0270150
TRP506-0275150
TRP506-0285150

Sherco 10-11

Type	Part#
Soft	TRP510-0260127
Standard	TRP510-0270127
Strong	TRP510-0280127
Extra strong	TRP510-0285127

Sherco 2012

Type	Part#
Soft	TRP512-0260127
Standard	TRP512-0270127
Strong	TRP512-0280127
Extra strong	TRP512-0285127

TRP

TRP WORKS PRO SHOCK ABSORBERS

Built on demand... Its coated aluminium body and DLC shaft makes it 25% lighter than the standard TRP rear shock absorber. Contact us for more info!

Available for these bikes:

- » Beta Evo 09-12
- » Gas Gas Pro 02-11
- » Gas Gas Pro 2012
- » Montesa 4RT 05-12
- » Sherco 10-11» Sherco 2012

SPRINGS FOR TRP SHOCKS

Spring type = 150

	Description	Part#
9	Shock Spring 55	TRP606-015515
(Shock Spring 60	TRP606-016015
(Shock Spring 65	TRP606-016515
(Shock Spring 70	TRP606-017015
(Shock Spring 75	TRP606-017515
(Shock Spring 85	TRP606-018515

Spring type = 127

Description	Part#
Shock Spring 60	TRP606-0160127
Shock Spring 70	TRP606-0170127
Shock Spring 85	TRP606-0180127
Shock Spring 85	TRP606-0185127

SPRING FOR OEM SHOCKS

Part# TRP306-0172136

Info 10% Harder OEM Spring Bike Montesa 315-4RT 97-12





Stronger fork spring for Marzocchi 40MM

Part# TRP611-01MAR



Part# SKF KIT38P

Beta Evo 09-12

Part# SKF KIT39S

Montesa 315/4RT 00-12

Part# SKF KIT 40M
Gas Gas Pro 04-12
Ossa 11-12

Scorpa 08-11

Xariete





Part# FOS GREASE 100GRM

CENTAURO FORK SEALS



Part# FOS 31.7X42X7/9

Part# FOS 33X45X10

Beta Rev50/80

Part# FOS 35X47X7/9

Part# FOS 35X47X9.5/10.5

Part# FOS 38X48X10

Gas Gas TXT/Pro < 2004

Part# FOS 38X50X8/9,5

Beta Rev/Evo 00-12 Sherco 01-11 Part# FOS 39X52X11

Montesa 315-4RT 00-12

Part# FOS 40X52X10/10,5

Gas Gas Pro 04-12 Ossa 11-12 Scorpa 08-11





Only for Marzocchi 40MM front fork.



Part# JI211-8421B

Part# JI211-8421G



Part# JI211-8421N



Part# JI211-8421R



Part# JI211-8421V





Beta Rev/Evo 00-12 Gas Gas Pro 02-12 Sherco 99-12

Part# AB221047

Montesa 4RT 05-12

Part# AB221021





LINKAGE BEARING **KITS**

Gas Gas TXT/Pro 99-12 Part# AB271154

Sherco 99-12

Part# AB271165

Montesa 315/4RT 97-12

Part# AB271166





SWINGARM BEARING KITS

Gas Gas TXT/Pro 98-03

Part# AB281131

Gas Gas Pro 04-12

Part# AB281138

Montesa 315/4RT 97-12

Part# AB281190

Sherco 99-12

Part# AB281191











Part# NGKB5HS

Part# NGKB7ES

Part# NGKB7HS

Part# NGKB8HS



Part# NGKB9ES



Part# NGKBCP7ES



Part# NGKBCPR6E

Sherco 4T 05-12



Part# NGKBCPR6ES

Scorpa SY 01-09 Beta Alp 125/200 4T 08-09



Part# NGKBP5ES

Gas Gas JI/JTR/TX/TXT 95-12 Gas Gas Boy/Rookie 95-12 Gas Gas Edition/Pro 95-12 Ossa 11-12 Scorpa Works/Easy 94-00 Scorpa SR 11-12 Sherco 2T 99-12





Beta Evo 80 03-12 Beta Rev 80 03-12



Part# NGKBP7ES

Beta Alp 250 2T 95-08 Beta Techno 95-08 Beta Rev3 95-08



Part# NGKBP7HS



Part# NGKBP8ES





Ossa 11-12 Scorpa Works/Easy 94-00 Scorpa SR 11-12 Sherco 2T 99-12



Part# NGKBPR7ES



Montesa 314 94-04 Montesa 315 94-04



Part# NGKBR7ES

Beta Evo 2T 09-12



Part# NGKCR6EH9 Montesa 4RT 05-12



Part# NGKCR6HSA





Beta Evo 4T 07-12 Beta Rev 07-12



Part# NGKCR7HSA

Scorpa 125 4T 04-12



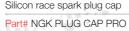
Part# NGKD8EA

Gas Gas Randonner 11-12 Beta Alp 125/200 4T 00-05



SPARKPLUG **ACCESSORIES**

Silicon race spark plug cap



Part# PLUG WR 4RT



Standard spark plug cap

Part# NGK PLUG CAP STANDARD



Spark plug holder

Part# NGK PLUG HOLDER YELLOW





Plug wrench for Beta Evo, Gas Gas Pro, Ossa, Scorpa, Sherco

Part# PLUG WRENCH R







Gas Gas Pro 2011

Part# JI211-7372R







Beta Evo 2012









Gas Gas Pro 2012

Part# JI212-7372R





Part# JI512-7372B









WICHELIN









Gas Gas Pro 04-12 Part# JI212-7572N





Sherco 07-12 Part# JI512-7572B



Sticker for Jitsie silencer guard.

Beta Evo 09-12

Part# JI111-7572N



Beta Evo 09-12 Part# JI111-7672R



Beta Evo 09-12 Part# JI112-7672R



Gas Gas Pro 2012 Part# JI212-7672R



Part# JI610-7072W







Part# JI610-7172R





Part# JI610-7072N Part# JI610-7072R [] JiTSiE RIMSTICKERS Part# JI610-7072NW





FLYWHEEL PULLERS

Bike	Year	Part#
Beta Rev/Evo	00-12	JI111-5920
corpa SR	11-12	JI111-5920
herco	99-12	JI111-5920
as Gas Pro	02-12	JI211-5920
)ssa	11-12	JI211-5920
1ontesa 4RT	05-12	JI307-5920
Nontesa 315	97-04	JI397-5920



JITSIE OIL FILLERS

Bike	Year	Part#
Gas Gas Pro	02-12	JI209-4822
Sherco	01-12	JI209-4822
Montesa 4RT	05-12	JI308-4822
Sherco 4T	05-12	JI508-4822
Beta Rev/Evo 4T	07-12	JI111-4822
Beta Rev/Evo 2T	00-12	JI112-4822
Ossa	11-12	JI712-4822



SPOKE WRENCH & TIPS

Part# JI611-8822N Info Tip for spoke wrench Size 6.15MM / 6.3MM / 7MM Part# JI611-88TIP(SIZE)

Info Spoke wrench



UNIVERSAL SPOKE WRENCH 6-IN-1

Part# SPOKE WRENCH 1



TYRE VALVE PULLER

Part# TYRE VALVE PULLER



BOX OF 30 TYRE REPAIR STRIPS

Part# TYDOGT PER BOX



TYRE INSERTER TOOL SCREWDRIVER TYPE

Part# TYDOGTINSERTER1



JITSIE TYRE VALVE CAPS

Part# JI605-2542 Color



TYRE VALVE CAPS STANDARD

Info Sold per 100 Part# TYVALVECAP BLK



TYRE LEVERS

Info Michelin Part# TYRELEVER 1EA

Info Long Part# TYRELEVER 2EA

Info Short bumbag Part# TYRELEVER 3EA

Info 11" RED Part# TYRELEVER 4EA



TYRE BEADER

Part# JI605-2442



TYRE MOUNTING PASTE

Part# TYRE GREASE 1KG





BRUSH FOR TYRE MOUTING

PASTE

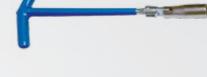
Part# TYRE GREASE BRUSH



PLUG WRENCH

For Beta Evo, Gas Gas Pro, Ossa, Scorpa, Sherco

Part# PLUG WRENCH R



PLUG WRENCH FOR **MONTESA 4RT**

Part# PLUG WR 4RT



SPARK PLUG HOLDER FOR **TOOLBAG**

Part# NGK PLUG HOLDER YELLOW



T-BAR

Info 8mm

TBAR8MM TBAR10MM 10mm TBAR12MM

Part#



ALLEN T-HANDLE WORKSHOP KIT

Part# ALLEN T-HANDLE



CABLE OILER

Part# CABLE OILER



CHAIN CUTTER

Part# CHAINCUTTER



SHOCK WRENCH

Part# SHOCK WRENCH



SAFETY WIRE & PLIERS

Info Great tool for securing handlebar grips Part# SAFETYWIREPL6

Info 0.7MM thick steel wire Part# SAFETY WIRE



BIKE STAND

Part# BIKE STAND JITSIE BLACK



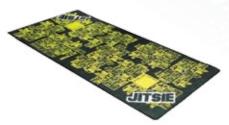
BIKE TRIPOD

Part# BIKE TRIPOD JITSIE BLACK



BIKE RAMP

Part# BIKE RAMP JITSIE BLACK



FLOORMAT JITSIE 100% TRIALS

Part# JI610-6760N



OIL CONTAINER 5LTR

Part# OIL 5LTR CONT



OIL MEASURING JUG

Info 100ML Part# OJ100ML

Info 500ML Part# OJ500ML Part# OJ250ML Info 1000ML

Part# OJ1000ML

Info 250ML



PETROL TANK STAND

Part# JI610-6832N



FUEL HOSE PRO

Info Fuel Hose 4.8X9MM Top Quality Part# FH4.8X9MM PRO 10MTR

Info Fuel Hose 6X9MM Top Quality Part# FH6X9MM PRO 10MTR



FUEL HOSE STANDARD

Info Fuel Hose 3X6MM Part# FH3X6MM STD BLACK 10MTR

Info Fuel Hose 5X8MM Part# FH5X8MM STD BLACK 10MTR

Info Fuel Hose 6X9MM Part# FH6X9MM STD BLACK 10MTR



FUELFILTER 6MM

Part# ZFUELFILTER 6MM



EXHAUST PLUG

Part# EXHPLUG 2ST



300MM

300MM

300MM

300MM

CABLE TIES 200MM • CT200X2.5 BLACK 100 200MM CT200X2.5 BLUE 100 200MM CT200X2.5 GREEN 100 200MM CT200X2.5 RED 100 200MM CT200X2.5 SILVER 100 200MM CT200X2.5 YELLOW 100 250MM CT250X3.6 BLUE 100 250MM CT250X3.6 GREEN 100 250MM CT250X3.6 RED 100 250MM CT250X3.6 SILVER 100 250MM O CT250X3.6 WHITE 100 250MM 300MM 300MM CT300X4.8 BLUE 100





JITSIE EXHAUST FILLING

Info Exhaust filling Weight 250GRM / 400GRM Part# EXHFILL (WEIGHT)



TIE DOWNS (PER 2)

Info Tie downs with extra loop Part# TIEDOWN XHD Color • • •



LOCK NUT

Info Lock nut M6 Part# NUT LOCK M6 10P

Info Lock nut M8 Part# NUT LOCK M8 10P

Info Lock nut M10 Part# NUT LOCK M10 10P

Info Lock nut with flange M8 for sprockets Part# NUT LOCK M8 SPROCKET 10P



DUCTAPE

Info Strong tape, 50MTR Part# DT50 Color • • • • • •



RUBBER FOR PETROL TANK

Info Self adhesive rubber for petrol tank Part# RT20 BLACK



NUT WITH FLANGE

Info Nut with flange M6 Part# NUT M6 10P

Info Nut with flange M8 Part# NUT M8 10P



SPROCKET BOLTS

Part# RSBTRIAL SET 6





HEXHEAD BOLTS M6

nfo	Part#
Bolts M6x12MM	BOLT M6X12 10P
Bolts M6x16MM	BOLT M6X16 10P
Bolts M6x20MM	BOLT M6X20 10P
Bolts M6x25MM	BOLT M6X25 10P
Bolts M6x30MM	BOLT M6X30 10P
Bolts M6x35MM	BOLT M6X35 10P
Bolts M6x40MM	BOLT M6X40 10P
Bolts M6x45MM	BOLT M6X45 10P
Bolts M6x50MM	BOLT M6X50 10P
Bolts M6x70MM	BOLT M6X70 10P



HEXHEAD LOCK BOLTS WITH FLANGE FOR BRAKE DISCS

Info M6x16MM Part# BOLT M6X16 SP BD 10P

Info M6x16MM Part# BOLT M6X16 ZC BD 10P

Info M6x20MM

Part# BOLT M6X20 ZC BD 10P



FLAT HEAD BOLTS FOR FRONT BRAKE DISCS BETA

Info M6x20MM

Part# BOLT FH M6X20 10.9 10P

Info M6x25MM

Part# BOLT FH M6X25 10.9 10P



ALLEN BOLTS M4

Info	Part#
M4X12MM	BOLT INBUS M4X12 10P
M4X14MM	BOLT INBUS M4X14 10P
M4X16MM	BOLT INBUS M4X16 10P
M4X18MM	BOLT INBUS M4X18 10P
M4X20MM	BOLT INBUS M4X20 10P
M4X25MM	BOLT INBUS M4X25 10P



ALLEN BOLTS M5

Info	Part#
M5X12MM	BOLT INBUS M5X12 10F
M5X16MM	BOLT INBUS M5X16 10F
M5X20MM	BOLT INBUS M5X20 10F
M5X25MM	BOLT INBUS M5X25 10F
M5X30MM	BOLT INBUS M5X30 10F



ALLEN BOLTS M6

Info	Part#
M6X16MM	BOLT INBUS M6X16 10P
M6X25MM	BOLT INBUS M6X25 10P
M6X30MM	BOLT INBUS M6X30 10P
M6X35MM	BOLT INBUS M6X35 10P
M6X40MM	BOLT INBUS M6X40 10P
M6X45MM	BOLT INBUS M6X45 10P
M6X50MM	BOLT INBUS M6X50 10P
M6X55MM	BOLT INBUS M6X55 10P
M6X60MM	BOLT INBUS M6X60 10P
M6X65MM	BOLT INBUS M6X65 10P
M6X70MM	BOLT INBUS M6X70 10P



ALLEN BOLTS M8

Info	Part#
M8X20MM	BOLT INBUS M8X20 10P
M8X25MM	BOLT INBUS M8X25 10P
M8X30MM	BOLT INBUS M8X30 10P
M8X35MM	BOLT INBUS M8X35 10P
M8X40MM	BOLT INBUS M8X40 10P
M8X45MM	BOLT INBUS M8X45 10P
M8X50MM	BOLT INBUS M8X50 10P
M8X55MM	BOLT INBUS M8X55 10P
M8X60MM	BOLT INBUS M8X60 10P



ALLEN BOLTS 10.9 WITH ROUND HEAD

Info M5X8MM

Part# BOLT INBUS RH M5X8 10P

Info M5X12MM

Part# BOLT INBUS RH M5X12 10P

Info M6X8MM

Part# BOLT INBUS RH M6X8 10P

Info M8X35MM

Part# BOLT INBUS RH M8X35 10P

Info M8X45MM

Part# BOLT INBUS RH M8X45 10P

Info M10X40MM

Part# BOLT INBUS RH M10X40 10P



ALLEN BOLTS A2 WITH ROUND **HEAD AND FLANGE**

Info M5X10MM

Part# BOLT INBUS RHF M5X10 10P



ALLEN BOLTS 8.8 WITH CONICAL HEAD

Info M8X25MM Part# BOLT INBUS SH M8X25 10P



PARKER BOLT 4.8X13MM

Part# BOLT PARKER 4.8X13 10P



PHILIPS SCREW 4X16MM

Part# BOLT PHILIPS 4X16 10P



V-COIL REPAIR KIT

Part# VCOIL REPAIR KIT 5-12MM



BOX OF 150 HEXHEAD BOLTS

Part# BOLT 150 BOX



MAGNETIC TRAY FOR BOLTS

Part# BOLT MAG TRAY



PLASTIC TRAY FOR BOLTS AND TOOLS

Part# BOLT PLASTIC TRAY



LOCTITE 243 10ML

Part# LOCTITE243 10ML



SILICON SEALANT 200ML

Part# SILICON SEAL 200ML







SPRING NUTS

Info M5

Part# SPRING NUT M5 10P

Info M6

Part# SPRING NUT M6 10P

SPRING WASHERS

Info Part#

M5 SPRING WASHER M5 10P M6 SPRING WASHER M6 10P SPRING WASHER M8 10P M8 SPRING WASHER M10 10P

FLAT WASHERS

Info

Part# FLAT WASHER M5 100P

M5 FLAT WASHER M6 100P M6 M8 FLAT WASHER M8 100P M10 FLAT WASHER M10 10P



Part# RIVET HD5X16 10P

CABLE SHOE FEMALE 4MM

Part# CABLE SHOE FE 4MM 10P

CABLE SHOE MALE 4MM Part# CABLE SHOE MA 4MM 10P



COPPER WASHERS

Info Part#

6X12X1.1 COP WASHER 6X12X1.1 10P COP WASHER 5X9X1 10P 5X9X1 8X12X1 COP WASHER 8X12X1 10P 12X16X1.6 COP WASHER 12X16X1.6 10P 16X22X1.5 COP WASHER 16X22X1.5 10P



SPLIT PINS

Info Split Pin 2X16 Part# SPLIT PIN 2X16 10P

Info Split Pin 3.2X25 Part# SPLIT PIN 3.2X25 10P



STEEL COLLARS

Info Steel Collar 16/25 9MM Part# STEEL COLLAR 16/25 9MM 10P

Info Steel Collar 25/50 9MM Part# STEEL COLLAR 25/50 9MM 10P

Info Steel Collar 50/70 9MM Part# STEEL COLLAR 50/70 9MM 10P



Part# CABLE SHOE FE 6.3X0.8MM 10P



Part# CABLE SHOE MA 6.3X0.8MM 10P



CABLE SHOE EYE M6

Part# CABLE SHOE EYE M6 10P



HOSE COLLARS

DM24

Info HOSE COLLAR DM19 5P DM19 HOSE COLLAR DM20 5P DM20 DM21 HOSE COLLAR DM21 5P DM22 HOSE COLLAR DM22 5P DM23 HOSE COLLAR DM23 5P HOSE COLLAR DM24 5P

DM25 HOSE COLLAR DM25 5P



HOSE COLLAR PLIERS

Part# HOSE COLLAR PLIERS



PLASTIC RIVET 6X2-8

Part# PR6X2-8 WHITE 50



SILENTBLOC 20X15 M6X18

Part# SILBLOC 20X15 M618 10P

O-RING KIT

Part# ORING 383 KIT



TRAINING WITH DIEBRECHT VAN BRIEL

WORD OF THE COACH

Welcome to the training guide of the catalog. Through my experience as a full time personal coach and guiding the Jitsie riders with their daily training schedules, I have developed a general set of exercises that will help any trials rider to improve their core body strength.

The intent of this workout is to increase your stability on the bike. The core is the most important part of your body to generate stability and strength.

A strong and healthy body is a vital component for success. Adding a workout using your body's kinetics to your overall training schedule will improve your chances of victory!



▲ EXERCISE 1LUNGE TO OPENING

Stand up straight with your feet at hip width and hold the natural curve in your back at all times. Hold your hands in front of you and take a big step forward without twisting your pelvis or crossing your front toes with your knee. Now move downwards to a 90 degree angle. Open the crosssided arm as far as possible without twisting your pelvis. Move upwards again and step back. Repeat this exercise on the other side.

REPEATS

FOCUS POINTS

- Hold your natural curve.
 While lunging, keep your front knee above your foot.
- Bend your knee to a 90° angle.

 Open your upperbody without twisting your pelvis.

▼ EXERCISE 2 MINISQUATS

Take a squat position with your arms extended forwards. Hold the natural curve in your back and imagine you are sitting down on a bench. Bent down to almost 90 degrees and make small movements up and down. It is very important that the angle in your knees matches the angle

REPEATS

- FOCUS POINTS

 Hold your natural curve within the squatposition.
- Control the angle in knee and hip.
- Keep your knees above your feet.

 Make small movements up and down.



◆ EXERCISE 3 PUSH-UP TO OPENING

Make a straight line from your heels to your shoulders and place your hands slightly wider than your shoulders. Your feet should be a little wider than your hips. Do one push-up and then open up with one arm while holding the natural curve in your lower back. Repeat this movement on the other side.

REPEATS

3 sets - 8 repetitions

FOCUS POINTS

- » Hold your natural curve while pushing up.
- Open your torso without twisting your pelvis.
- Keep looking at your elbow while opening.

◆ EXERCISE 4BODY PULL-UP

Find a horizontal bar that is hanging at more or less the same height as your hips. Take the bar in your hands and position yourself so that bar is at chest height. Make a straight line from your heels to your shoulders and pull yourself up.

REPEATS

3 sets - 15 repetitions

FOCUS POINTS

- Hold your natural curve while pulling up.
- Pull up towards your nippleline.
- Keep a fist-size-distance between the bar and your









▲ EXERCISE 5 RUSSIAN TWIST

Sit down on the floor, lift your feet off the ground and make an arrow with your hands while extending your arms. Twist your upper torso so your hands just pass your knees but don't go to far. It's important to keep focussed on your abdominal muscles while performing this exercise.

REPEATS

FOCUS POINTS » Hold your natural curve while sitting down. » Lift your feet of the ground.

- Place your hands just next to your knees.

▼ EXERCISE 6 PELVIS LIFT

Lay down on the floor with your knees above your pelvis. Place your hands beside your body, not underneath! Push your legs upwards and return slowly. This will be tough in the beginning because you have to lift your legs instead of rolling to create movement.

REPEATS

FOCUS POINTS

- Keep your hands on the floor, not underneath your body. Place your knees above your pelvis. Push your knees upward.

- Try not to roll over.

▲ EXERCISE 7 HOOVER

This is one of the main exercises to train your core body strength! Lie down on the floor and support your body with your lower arms. Make a straight line from your heels to your shoulders and try to hold that position. Start with 30 seconds and work your way up to one minute.

REPEATS

3 sets - 30 seconds

FOCUS POINTS

» Hold your natural curve while keeping your posture. Place your shoulders further than your elbows to increase the level of difficulty.

You can repeat this workout three times a week. Build up slowly, always focus on control and balance. Don't worry if you can't reach the number of reps straight away, just work hard and it will be possible after a couple of workouts. Make sure not to forget to work on your cardio as well!

▼ EXERCISE 8 SHOULDER STABILITY EXERCISE

Stand up straight and slightly bend your knees. Hold up your arms horizontally while making sure your elbows are in front of your shoulders. Now rotate around the axis of your upper arm, and ensure you only move your arms during this exercise.

REPEATS 3 sets - 10 repetitions

FOCUS POINTS

- » Hold your natural curve while keeping your posture.
- Keep your elbows below and in front of your shoulders.
- » Rotate around your upperarm.









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